

[Search](#)[Need Help](#)[Sign Up](#)

Facts about poverty and hunger in America

- According to the [Census](#), in 2020 over 37 million people lived in poverty.
- [Food insecurity](#) and hunger are economic issues. The most common cause of food insecurity is a lower income.
- Making ends meet with a lower income is more difficult if you are unemployed or employed in low-wage work, experience a financial emergency, have limited savings, and rent rather than own your home.
- Communities of color, especially Black communities, experience hunger, poverty, and unemployment at much higher rates than white people. This is because of long-standing racial injustice that leads to barriers in education, employment, housing, and more.
- People living with a disability and people living with chronic conditions are also [more likely to experience hunger and lower incomes](#). Living with a disability or chronic condition may lead to higher medical costs, prevent people from working regularly, or simply make grocery shopping more difficult. And people living with disabilities face discrimination in employment.



Terri Bradenton, Florida

When you look in the fridge and there's nothing there, it's very shameful. I never should have gotten there. I never thought I would be totally broke.

[Share](#)[Tweet](#)